

Pick-up Eat-in Specials



Sizzling
Sukiyaki

1/2Lb Sirloin or
1/2 Lb Chicken
Served with
Yaki Soba or Rice **\$4.99**



Biggest
Chicken Steak
Known

1/2Lb Chicken Steak
with **FREE** Chip & Lg Drink **\$4.99**



Biggest
Philly Steak
Known

10oz Sirloin Steak
with **FREE** Chip & Lg Drink **\$4.99**



Spaghetti w/
Whole Chicken Breast
Parmesiano

W/Garden Salad and Lg Drink **\$4.99**



Grilled Chicken
Greek Chicken
Tuna Salad
Seafood Salad
Ham Swiss
Turkey Cheese
Italian
Roast Beef
Deluxe Cheese

\$4.69

***Lunch Delivery:** Please order by
5pm the day before if possible

If you order by 9am the same
day, Sub Box Lunches would not
be available

***Dinner Delivery and Pick-up :**

Please order One hr in advance.

***Catering order:** Please allow us
24 hours to prepare.

***Minimum 5 Lunches for delivery**

***Prices do not include tax**

CAPITAL BOX LUNCH

& CATERING



The best lunch for the lowest price to Your desk

Free Delivery Mon-Sat 8AM-6PM

Pick up Eat in Tue-Sat 8AM-6PM



Broad St Market 1233 N 3rd St Harrisburg

Online: capitalboxlunch.com

Ph: 232-9323 Fax: 232-9324

Two Lbs WRAP BOX LUNCH

These big boxed lunches comes with Your Choice of Wrap, Fresh fruit Salad, and Homemade Pasta Salad.



\$4.69

Choice of Wrap

- Caesar Chicken
- Greek Chicken
- Mandarin Chicken
- Thai Chicken
- S. Weste'n Chicken
- Hawaiian
- Cordon Blue
- Italian
- Ham & Swiss
- Ham & Turkey
- Turkey Cheese
- Turkey & Spinach
- Philly Steak
- Roast Beef
- Tuna salad
- Seafood Salad
- Garden of Eden



Homemade Fresh Salad

**FRESH
Big**

- Lg. Chef w/Tuna
- Lg. Chef w/Seafood
- Lg. Chef Salad w/Whole Ch. Breast
- Lg. Chef Salad w/Combo Meat
- Lg. Caesar Salad w/ Whole Ch. Breast
- Lg. Pasta Salad w/Whole Ch. Breast
- Lg. Pasta Salad w/Tuna
- Lg. Pasta Salad w/Seafood
- Lg. Fresh Fruit Salad



\$4.50

Sub Box Lunch

Choice of Sub, Fresh Fruit Salad and Potato chips

- Grilled Chicken
- Greek Chicken
- Tuna Salad
- Seafood Salad
- Ham Swiss
- Turkey Cheese
- Italian
- Roast Beef
- Deluxe Cheese



\$4.69